

Report to Saltash Town Council from Livewire Youth Project

Oct, Nov and Dec 2025

Open Access Sessions

Number of open access sessions run during this period: 32

Approximately 410 individual young people have been engaged with through open access sessions, young women's music making sessions, wellbeing group sessions, counselling, daytime referral sessions and Saturday recording sessions. This is approximate because 1 individual young person could attend up to 6 times a week so taking that into account we have done some sums. All young people engaged with have received or are currently receiving individual or group support.

During these sessions young people have been able to access music lessons (guitar, bass, drums, keyboard, vocals, live sound, music technology and stage lighting), rehearsal space, perform on stage, take part in single issue programmes, have youth work support or counselling, volunteer, socialise and take part in our development group, and on Wednesday evenings our junior members have taken part in art workshops. Older young people can volunteer at these junior sessions.

In addition to our open access sessions, we have also had a young women's music session on Tuesday evening. These have amounted to 11 sessions in total; during these sessions young women are encouraged to come along and make music with 3 musicians. These sessions are also run by a JNC qualified youth worker so young women can also access youth work support. We also have a counsellor working on a Tuesday evening so young people have also been able to have counselling on Tuesday evenings.

Our wellbeing sessions on Friday evenings have also continued this quarter; 11 in total. These sessions are designed to cater for young people that might be too anxious for open access sessions as they are quieter. Young people attending these sessions can access art workshops, get support with a counsellor or JNC qualified youth worker who runs the session or make music with a musician. We also have a wellbeing volunteer at these sessions as well as a therapy dog. The young people that attend these sessions have plenty of opportunity to gain support.

On Saturday we also run a recording session; there have been 10 in total this period. These sessions are for bands and individual young people with music to record.

Detached & Outreach Youth Work

The number of detached/outreach youth work sessions are 0 in total during this period. This is because we have been concentrating our efforts around the waterside area of the town and in September the young people return to school or college. There is minimal benefit in continuing with detached/ outreach sessions during this period. There have been 2 single issue programmes during this period one on positive relationships and one on mental health.

Support

0 young people have been supported in getting into employment during this period. 2 young people have been supported in going back to school. 4 young people have been supported in starting college during this period.

17 young people have measurable distance travelled. By this we mean that they have progressed positively over the period and shown real change.

This period we have had 33 young people have been referred to Livewire from other agencies: 7 from schools, 6 from social care, 3 from CAHMS, 3 from youth offending team, 0 from the Police, 12 from GP's, and 2 from The Zone. These young people have been referred for counselling, daytime sessions, youth support sessions and open access sessions. Others have come through self-referral or their parents/carers referral.

240 volunteer support worker hours have taken place during this period.

Youth Participation

We have currently got a group of 7 young people making up our development group who meet regularly to discuss developments at livewire and to put forward ideas from young people.

Funding

This year we have been very fortunate to receive £30,400 from Saltash Town Council for youth work. The match funding secured to date includes the Big Lottery funding of £219,000 over 5 years of which £15,000 per year is towards youth work (we are currently in year 3). Plus £12,000 this year as a gift from AC/DC for youth work. Plus £28,000 in gifts and donations from members of the public one, member of the public gave £25,000 as a donation.

Future Focus and Priority

Mental health and wellbeing remain priorities for the work here at Livewire and I believe we are currently seeing the results of the pandemic on our young people's mental health. We continue to get referrals for counselling and youth work support sessions. We continue to work with many vulnerable young people as well as some confident and talented young people and when they are on the stage you couldn't tell them apart.

Case Study

A young person who has been an active member of Livewire for the past two years has recently made huge developments in his personal development. At first this young person experienced confidence issues, low self-esteem and held concerns for his future in areas of employment and developing positive relationships.

This year this young person began engaging in our volunteering programme for junior sessions; he has recently completed his required fifty hours certificate and, in his feedback form, says he has developed huge amounts of confidence in his ability to work as part of a team and feels far more positive about the

future! This young person has also recently secured an employment opportunity in a local car garage; this opportunity is a huge step for their personal development and, they say, will be hugely helpful in their quest to achieve independent living. We are consistently keeping up with this young person to make sure their journey continues to be positive and fruitful.